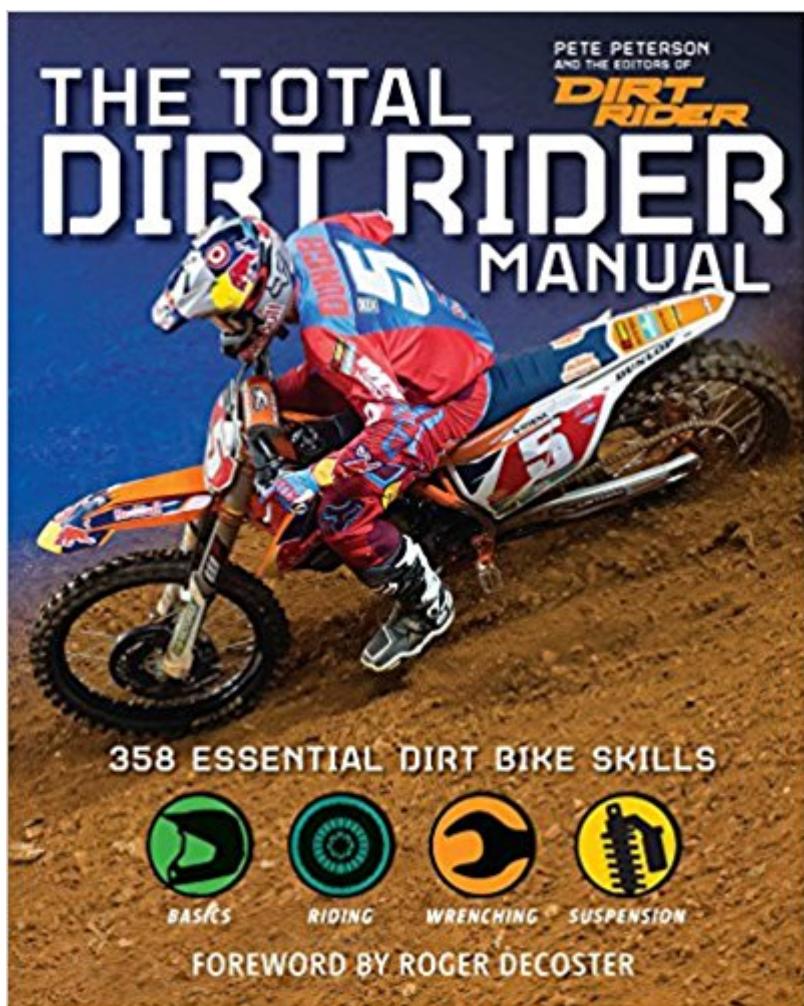


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# The Total Dirt Rider Manual (Dirt Rider): 358 Essential Dirt Bike Skills



## Synopsis

Many motorcyclists got their start on a dirt bike, and many more have learned the joy and freedom of trail riding and adventure touring. Affordable, easy to ride and fun, dirt bikes are a great way to enjoy the great outdoors and build riding skills. This book covers riding and wrenching basics, as well as more advanced X-games style tricks. The Total Dirt Rider Manual, from Pete Peterson and the Editors of Dirt Rider magazine, is your all-inclusive guide to dirt bike riding. With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift! Gear: From how to buy the best bike to evaluating a used ride; suit up for style safety, and comfort. Also learn how to adapt your gear to a wide range of riding conditions. Riding: Dirt riding is not just a great form of outdoor recreation, it's a sport in its own right, and this book has the information you need to enjoy a casual day on the trails or to compete year round. Wrenching: Dirt Rider is renowned for its "Dr. Dirt" feature, which breaks down repairs from the everyday to the highly specialized into simple, step-by-step tutorials. This book features the best of those, allowing any rider to become their own mechanic and save money. Suspension: A bike's suspension is vital, expensive to fix, and tricky to diagnose. If there's one thing off-road riders crave, it's the ability and know-how to do this maintenance themselves. This special section delivers with clear, detailed but quick-to-grasp, tips from America's top race-bike mechanics; this section alone could save a rider thousands of dollars. Whether you enjoy trail-riding and exploring the backcountry, aspiring to motocross stardom, wondering how they do those amazing freestyle flips, this book is packed with hands-on, off-road tips and tricks to get you there and keep you moving.

## Book Information

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## Customer Reviews

Pete Peterson is a longstanding contributor to Dirt Rider and an avid motocross and off-road rider. He has covered everything from multi-day adventure trips to riding technique advice from the sport's top pro racers. As the world's largest off-road motorcycle brand, Dirt Rider is the premier source for motocross and off-road motorcycle tests, product reviews, tech articles, comparisons, and more. With strong daily traffic, a large social media footprint, an active e-newsletter audience, and a dedicated video production team, the newly-redesigned DirtRider.com is a powerhouse within the off-road motorcycle media industry. Similarly, the brand's long standing magazine, published 10 times per year, both digitally and in print, features a strong newsstand following and the most dedicated subscriber audience in the segment. By maintaining its position as the leader in motorcycle testing and continuing to focus on digital content delivery and video production, Dirt Rider is able to remain the largest and most trusted off-road and motocross media brand in the world.

**TIP 15 - TREAT A NEW BIKE RIGHT** It's a great feeling to have a new bike. Enjoy the pride of ownership, turn a blind eye to the instant depreciation of a vehicle that comes with knobby tires, and be aware of what that brand new bike needs.

**PREP** Most bikes need more grease on the steering stem, linkage, and swingarm bearings. While you're at it, work a dab of anti-seize grease into the rear axle adjustment bolt threads.

**MAINTENANCE** Air filter oil migrates down. Check that the top of the filter is tacky with oil and re-oil it with air filter oil if it is dry on the top. Stock chains stretch quickly, so put on a top-of-the-line chain right away to save money on sprockets in the long run.

**BREAK-IN** A good common-sense break-in is to give the engine a heat cycle. Get it up to operating temperature on the stand, then let it cool. Don't lug the engine in a gear too high for the first rides or scream it in a gear too low. Suspension breaks in, too. Watch the shock sag and keep it adjusted where you want it.

Amazing. This is the first review I've ever written after using for several years - had to do it because this book was so impressive. Everything from its layout to its graphics to its content is top notch. It has something for everyone from beginners to lifelong riders, kids to adults, and trail riders to mx

racers, no matter the reader's previous technical know-how and tinkering abilities. I can't even express how much time, frustration, and money this book has saved me and will continue to save me over the years by showing me how to do things the right way the first time around. It provides a solid foundation in each category related to dirt riding, upon which I can do Internet searches and refer to my manuals to get the remaining answers I need specific to my bikes and my needs.

Troubleshooting hints are perhaps my favorite part, because otherwise it takes hours of surfing Internet forums and filtering out the idiots to get down to answers that actually make sense. I wish there was a book like this for my other sports and hobbies. Kudos to the team that put this book together. First manual I've ever read cover to cover.

This is a pretty cool book for beginners and intermediate riders. It's got short easy tips on a wide range of subjects, all in full color. It has a lot of things I've had to search around the web for all in one place (like a checklist of what to carry with you on the trail). Quite frankly, I can't understand how they can sell a book so inexpensively considering the quality paper and full color printing. I haven't read the book cover to cover yet, but so far, I think it will be a reference I will refer to throughout the years.

As an older dirt rider I bought this to reacquaint myself with the more current trends in dirt biking and off roading. This appears to be geared toward the novice rider or someone thinking of buying a dirt bike for the first time. That's fine as I haven't had an off road motorcycle in over twenty years. This has some great illustrations and is a nicely presented package. Won't make you an expert but gives you a basic foundation for you to gain additional information and experience. I enjoyed the suspension explanations as that has changed and improved a great deal during my time away from the sport. Worth the price.

I bought this book not thinking much of it and when I got it while I was really impressed the outside of it was hard and protective and has chrome tips on the edges so it works good to keep around the shop working on a bike the pictures are clear and in color and as well as the illustrations. This book is filled with a bunch of useful information it covers everything about their bikes racing trail riding maintenance you name it it's in their best 20 bucks I've spent buy it now you won't regret it

Pretty cool book. Most is pretty basic for beginners but some sections like suspension go into more expert detail.

This was exactly what i was looking for.If you're looking for insite on mechanical DIY ins and outs of basic dirt bike mechanics and part replacements.. it has alot of info on that. Which was y i purchased it.But it also has alot of other info about dirt bike n the sport and selecting the right bike gear tools etc. Its a good buy especially for the price.I still havent found a book that goes in depth with top end rebuilds. If anyone knows any feel free to let me know. Thanks

Fine read, very informative

Great book! I highly recommend this book for anyone interested in having a well rounded explanation of all things moto. It is also an excellent book to have in addendum to your shop manual as many of the regular maintenance protocols are outlined, You can't go wrong with this purchase if your a beginner or novice.

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